



# team



# meet



# fun

*When my team found out that we were going skateboarding there was mixed reaction. Jay and his team were amazing. The atmosphere was welcoming, fun, fresh and carried no feeling of pressure to perform. What developed was true support of each other to include everyone, to simply enjoy the camaraderie of sharing an experience, laughing, learning something new and exploring new corners of our comfort zones. The staff were phenomenal, completely non-judgemental, top-notch encouragers. It is one of the best group activities we have done together and I would encourage groups of any kind to connect with CJ's SKATEPARK.*

Dinah Hampson, CEO, Pivot Sport Medicine  
Physiotherapy Orthopaedics



## Corporate Team Building

Add some serious street cred to your next offsite meeting or corporate marketing event by hosting it at CJ's SKATEPARK, the largest not-for-profit indoor air conditioned skatepark in the world! The most productive team building activities incorporate working with other team members while also challenging individuals to tackle new obstacles. These events also help build trust and support among co-workers, strengthen relationships, and improve overall communication.

Time together away from the office serves to refresh and re-energize employees, preparing them to return to their jobs with an improved attitude and renewed focus. A day or a few hours at CJ's SKATEPARK allows your team to take on tasks that will build upon personal accomplishments and self-esteem while also providing a fun and entertaining day for the entire team. Under supervision, your team members can learn to skateboard, scooter, or take part in a variety of safe and fun activities that encourage teamwork and completion regardless of anyone's age, ability, or possible physical challenges. We can involve everybody while keeping them safe and in their own comfort zone and can customize to your needs & requirements.

## Schedule (full day example)

*We also offer 1/2 days or 2-3 hours.*

8:30am-9:00am	Breakfast	Coffee, Quaker bars, fruit, muffins
9:00am-10:45am	Presentations	Run by client (optional)
10:45am-11:00am	Break	
11:00am-12:00pm	Presentations	Run by client (optional)
12:00pm-12:30pm	Lunch	Pizza and salad (other options available including vegetarian)
12:30pm-1:00pm	Gear and stretch	Teams get into safety gear and do team stretch
1:00pm-2:00pm	Skate lesson	Split into two teams and learn to skateboard/scooter
2:00pm-3:00pm	Team activities	Foam Soccer • Beverage Chaos • Mini Ramp Obstacle Course
3:00pm-3:15pm	Break	CJ's SKATEPARK to showcase their young talent
3:15pm-3:50pm	Final team activity	Capture the Flag
3:50pm-4:00pm	Closing remarks	

**Enjoy presentations in an unconventional environment — the base of a 13 foot vertical ramp!**

## Mini Ramp Obstacle Course (one of several activities you can do)

**Instructor(s) will monitor the activity and the safety of the participants, walk the teams through the rules of each game and keep track of time.**

**Rules:** All members from both teams gather on top of the platform between the ramps. The first member from each team starts at the base of the platform with a skateboard in hand. When the instructor says "go", the two members will run up the wall ride ramp, sit down on their board and go down the ramp. At the base of the ramp where the pylons are stationed, the members get off of their board and then "frog hop" on two feet over 12 skateboards positioned on the course. Team members then run up the stairs and knee slide down the snake run and end at the platform. Once the team member steps on the platform, they must tag the next member of their team to let them begin the course. The team member then knee slides down the ramp and runs over to the wall ride ramp and follows the same order of activities through the course.

*CJ's was by far the BEST venue PepsiCo has ever used for an offsite meeting. The activities were easy and fun for everyone to try. The instructors were so friendly and really helpful in making everyone feel comfortable.*

Nathania Dashner, Gatorade

*The instructors and staff were fantastic! They took the time to really understand the ability/athletic level of each member of the team and ensured that they had fun safely.*

Melissa Boyce, SDI Marketing





**Call us!**  
**905.272.6888**

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**SKATEPARK**  
— SINCE 2008 —  
**CANADA**



# venue

CJ's SKATEPARK is the largest not-for-profit **indoor air conditioned skatepark** in the world!

Our facility can accommodate up to **350 spectators** and **150 participants** on the main floor and second floor mezzanine.

Conference and multimedia presentation facilities for meetings, product launches, private events, and much more!

- Wi-fi enabled
- Free parking on-site
- Shuttle service available from select hotels
- Centrally located to major highways and public transportation
- 12 minutes from Toronto's International Airport
- Full sit-down cafeteria with kitchen & staff

**560 Hensall Circle, Mississauga, ON L5A 1Y1**  
**905.272.6888 | [CJsSKATEPARK.com](http://CJsSKATEPARK.com)**

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If you're ready for a **unique team building** experience...

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